## 4/13/23 Presentation Agenda:

- 1. How the inclusion of vacation time throughout one's annual lived experience can increase our well-being and therefore our ability to more effectively do our work as creative designers and more productive project managers.
- Why is "vacation" important in shaping our yearly work/Life calendar.
  - Learning to prioritize what is actually important in our lives.
  - Setting reasonable expectations for our project timelines.
  - How "Taking a Break" helps set problem solving and can lead to previously "unseen" solutions.
- 2. Taking a broader 30,000 ft level view of how our architectural practice forms part of an overall life vision, not letting the constant project energy drain of client, consultant, contractor and employee demands keep us from forming an overall set of life priorities
- How to avoid getting sucked into letting work "urgencies" prioritize vacation necessities/timing
- The need to let go of complete control over projects.
- Having the discipline to not always answer phone calls / emails / texts while on trips... Need to
- "educate" our contractors, clients, employees to plan ahead
  - So that: Their lack of planning doesn't become our continual emergency
- Create a 5 year Travel Plan now: Who / What / When Where
  - and establish a trip planning agenda for these upcoming trips
- 3. How travel (domestic and/or international) can help add new layers of meaning to building projects, elevating and deepening the journey for clients in our shaping together with them their spaces.
- How travel experience has helped us in conversation w/ our clients.
- The ability to share a common language even if our clients may have different budgets from our own.
- Clients have looked to us to give them travel tips since often they regard us as more "creative" than themselves.
- How we can use items we've seen / experiences we've had to include in our projects / daily work habits.
- Combining trips with AIA conventions / CRAN conference / MDC conference / F LI Wright Conservancy / SxSW conferences / storytelling festivals
- 4. Tips on how to budget time & money for a trip, near or far, and some key items that can set these parameters.
- Relating trip physical requirements to age appropriateness
- Time of year travel: Affect on prices and availability for travel & Points of Interest
- Why seat of the pants planning as opposed to in advance planning can be more costly and disappointing
- Balancing planning ahead w/ The necessity for flexibility when S-t happens
- Types of travel airplane / train / car
- The importance of minimal baggage, appropriate clothing/footware and its affect on entire trip planning.
- Trying not to do everything in one trip to avoid long travel time losses
- Places to stay: AirBnB/ VRBO vs. hotels/ B&B's vs. staying at friends or camping.
- Time shares / cabins: going to the same place repeatedly: +'s / -'s:
  - Going to the same place creates memories/ limits variety of experiences
- Road trips : Driving/Camping
- The value of thinking outside the box about travel planning
- Traveling in groups: Decision making as a group...
- Traveling w/...w/out family....
- Organized Tour planning through Agencies
- Alternative Tour trips: Green Tortoise / Cuba medical trips/ Studio workshops / Cooking classes "Adventure Travel": Travel off the beaten track

- How important is knowing the language for international travel?
- Travel relating to world events: Local holidays, Olympics / National Park celebrations / upcoming Art shows / concerts / theatrical plays
- Religious travels / timing of trip related to them.
- Using travel guides: books vs. On-line guides

## 5. Ways to notate our travel experiences (photographically, graphically and written) to be able to then integrate information gathered into our work practices and projects.

- What is the reason for "documenting" aspects of your trips?
- Ways to document trips once home and what is the actual purpose of such documentation?
  - Travel itineraries and changes to them.
  - Travel diaries / poetry writing / pamphlet gathering.
- Photography vs. videography: Archiving of images: Ability to access these images while designing.
  - Watercolor/ drawing as ways to visually document what we see
  - Purchases while on trips as a way of extending the experience beyond the actual trip:

    Art / Food / Books / Household items: How best to travel w/ these purchases

## **Q&A** (if time permits)